

TORAH FOR TEENS

CONTENTS

PART ONE

BEREISHIT

1. Bereishit: The name Adam
2. Bereishit: Learning from Adam's mistakes
3. Noach: Mixed blessings
4. Lech lecha: A blueprint for Jewish history
5. Vayeira: Religious enthusiasm
6. Chayyei Sarah: Learning from both saints and sinners
7. Chayyei Sarah: Moving on into adulthood
8. Toldot: Who is the real 'me'?
9. Vayyeitzei: The age of Bar and Bat Mitzvah
10. Vayyishlach: The Jewish attitude to violence
11. Vayyeishev: Combining privilege and responsibility
12. Mikkeitz: On being 'one of God's miracles'
13. Vayyigash: Converting adversity into advantage
14. Vayyigash: On being comfortable with oneself
15. Vayyechi: How we earn blessings
16. Vayyechi: The *strength* to become a man

SHEMOT

17. Shemot: Countering old and new propaganda
18. Va'eira: The challenge of Jewish leadership
19. Bo: Tefillin and our 'work-driven' week
20. Beshalach: Messages from the manna
21. Beshalach: Women's religious equality
22. Yitro: Rushing in where others feared to tread
23. Mishpatim: How not to make a slave of oneself
24. Terumah: Lessons from the *Mishkan*

25. Tetzaveh/Zachor: Destroying the racism of Amalek
26. Kiy Tissa: Putting wealth into perspective
27. Vayyakhel: The holiness of work
28. Pekudei: Acquiring skills we never dreamed we possessed

VAYYIKRA

29. Vayyikra: Sacrifices, ancient and modern
30. Tzav: Why so many mitzvot
31. Shemini: The message of 'the strange fire'
32. Tazria-Metzora: Why girls reach religious maturity before boys
33. Acharei-Mot: saying 'sorry!' to God and man
34. Kedoshim: Sex, restraint and marriage
35. Emor: Making every day count
36. Behar/Bechukotai: Shemittah and our philosophy of life

BEMIDBAR

37. Bemidbar: When and when not to be a protestor
38. Naso: The name at the top of the list
39. Beha'alotcha: The lasting effects of a Bar/Bat Mitzvah
40. Beha'alotcha: Don't be a murmurer!
41. Shelach-Lecha: Resisting the influence of the wrong kind of friends
42. Korach: The wisdom of women
43. Chukkat: The relative value of mitzvot
44. Balak: Let Bilaam be your guide!
45. Pinchas: Moses and the JWTK
46. Mattot: A shared future?
47. Massei: Women's rights

DEVARIM

48. Devarim: The importance of learning from history
49. Va'etchanan: Freedom from parental control?
50. Eikev: Consideration for the disabled
51. Re'ei: Making the right choices
52. Re'ei: Picking and choosing mitzvot
53. Shoftim: Valuing every human being
54. Ki Teitzei: Ever on the move
55. Ki Tavo: Youth, self-restraint and loyalty to Israel
56. Nitzavim: The Israelite nation's Bar/Bat Mitzvah
57. Vayyeilech: The model of Jewish leadership
58. Ha'azinu: Not every situation is reversible
59. Ve'zot Ha-brachah: Being a fully-rounded Jew

P A R T T W O

SPECIAL OCCASIONS, FESTIVALS, ANNIVERSARIES AND INTERESTS

60. Bar/Bat Mitzvah – not Bar/Bat Torah or Bar/Bat Mitzvot
61. *Baruch sheptarani*: A father's blessing
62. *She'asani kirtzono*: The challenge of the Women's Blessing,
63. For tennis-loving youth
64. For football-loving youth
65. For cricket-loving youth
66. For American baseball-loving youth
67. For a budding actor
68. For a young *kohein*: 'All you need is love!'
69. A Bar/Bat Mitzvah in 'The Three Weeks'
70. A *Kristallnacht* anniversary Bar/Bat Mitzvah
71. A Pre-Rosh Hashanah Bar/Bat Mitzvah

72. Chanukah: Being totally 'dedicated'
73. Chanukah: The Maccabean struggle lives on
74. Shabbat Zachor: Remembering and proclaiming
75. Purim: A time to speak out
76. Purim: A minor festival with a major message
77. Is Haman foreshadowed in the Torah?
78. A Parashat Ha-Chodesh Bar/Bat Mitzvah – the first month of your new life
79. Pesach's call to all young adults
80. Pesach and open-minded enquiry